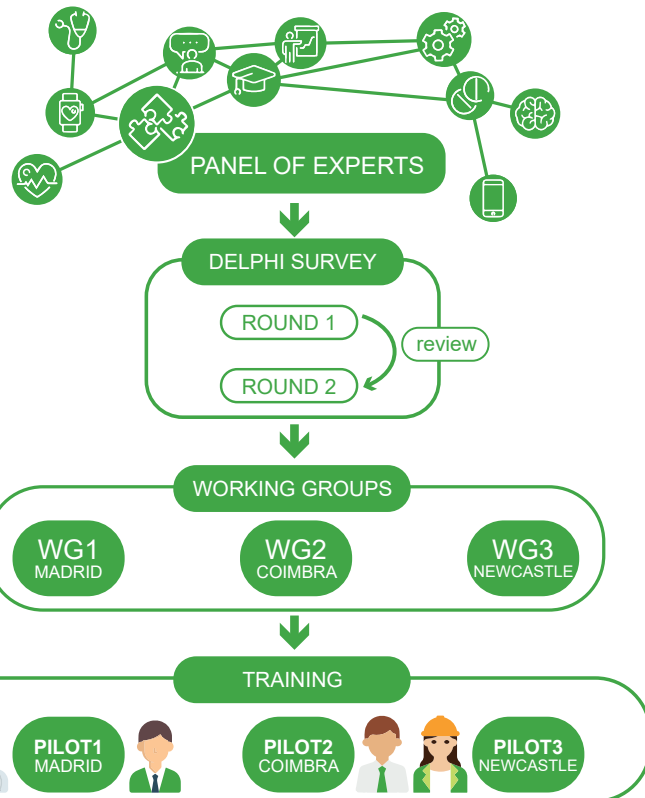


WHAT IS URB-HealthS?

URB-HealthS proposes to create a **panel of experts** to find out the main relevant aspects to include in **urban health policies and action plans**. This expert knowledge will be the base for discussion **working groups** of multidisciplinary experts to **generate training material** on regulations, techniques, strategies and best-practise experiences related to **urban health**. The aim is to create **practical training knowledge and tools for municipal technicians**, professionals and future trainers.



PROJECT PARTNERS

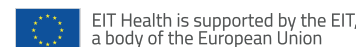


More information:

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Multidisciplinary
expert panels
improving

**URBAN
HEALTH
trainings**

for technicians
and trainers

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URB-HealthS DELPHI SURVEY

A list of international experts will be contacted in order to identify practical knowledge on **four main categories** addressing **urban health**:

1. Policies and Regulations
2. Multicriteria Tools for Analysis and Evaluation
3. Action Plans
4. Best-Practices

The **topics** that will be considered will be **design and urban processes for health** regarding:

1. Prevention
2. Promotion
3. Care
4. Management

URB-HealthS WORKING GROUPS

Three **international working groups** will generate common **training materials** integrating knowledge and practical tools from panel of experts. The contents of the trainings will be adapted to local context and regulations.

URB-HealthS TRAINING

Pilot training courses will be developed in three different cities (Madrid, Newcastle and Coimbra) to validate the contents and structure. The format is organized in 4 different short modules, according to the four categories defined for the Delphi survey. The training will be delivered to **local technicians, practitioners and professionals** and **future trainers**.

URB-HealthS relies on the role of the built environment in supporting health behaviour change. Urban design and planning can encourage healthy lifestyle behaviours, but requires a better understanding of the health impacts of urban settings addressing health and urban planning, enhancing multidisciplinary and multisectoral skills among new and cross partnerships.



One of the challenges to enhance actionable policy is to design multisectoral and interdisciplinary trainings for technicians and professionals on urban-health key issues to enhance opportunities for improving global urban health outcomes.

WHO IS INVOLVED?

The project is led by research group **ABIO: Bioclimatic Architecture in a Sustainable Environment**, from **Universidad Politécnica de Madrid** in close coordination with **University of Newcastle**, **Fundación para la Investigación e Innovación Biomédica de Atención Primaria** and **Universidade de Coimbra**. **ARUP** and **Instituto Politécnico de Coimbra** are external partners, reinforcing the partnership with a practical approach and creating a connection outside the academy.

WANT TO JOIN?

URB-HealthS can be organized for local and municipal technicians, practitioners and future trainers on urban health. The three pilot training courses to be delivered in Madrid, Newcastle and Coimbra during Fall 2020 will be first pilots to be tested.

New cities and communities are welcome to host new URB-HealthS editions in the following years.

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