Young people’s experiences of using standing frames as postural management in cerebral palsy

- Below is a summary of our qualitative research findings from interviews with young people with cerebral palsy who use or have used standing frames.
- Six males and six females (aged 8-18) were interviewed.
- The image below explains how standing frames can have positive and negative impacts on different areas of the young people’s lives. There are also quotes from the young people in the coloured speech bubbles.

**Body structure and function**
Participants suggested that standing frames were helpful for maintaining their range of movement and stretching but could also be painful.

**Activity**
Standing frames were considered useful for improving independence in certain activities. However, they could also be quite restrictive.

**Health condition**
Cerebral Palsy

**Participation**
Being higher than peers made one participant feel isolated. Others felt as though their standing frame facilitated social participation.

**Environmental factors**
The young people were particularly concerned with the type of standing frame they were using. It is important for them to feel safe and comfortable. Aesthetics are important too.

**Personal factors**
The young person’s choice was a particularly salient issue. Some were happy to go in their standing frame when they were told to. Others were frustrated about the lack of choice.

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If you have any questions or are interested in the next stages of the project, please contact:

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