

REPETITIVE BEHAVIOURS QUESTIONNAIRE

The 30 items have several answer formats:

Frequency

- Never** or rarely
- One** or more bouts of this behaviour daily
- 15** or more bouts of this behaviour daily (or at least one bout an hour)
- 30** or more bouts of this behaviour daily (or at least two bouts an hour)

and versions of **Severity/Intensity**, such as

- No**
- Mild** problem which does not affect others
- Serious** problem which affects others on a regular basis

- Never** or rarely
- Regular** feature of behaviour, but will tolerate alternatives when necessary
- Highly regular** and **highly rigid** feature of behaviour. Will not tolerate any alternatives

- May comment on, or notice the change but shows no negative reaction
- Accepts the change, but shows some degree of anxiety or mildly negative reaction
- Will accept the change, but shows extreme anxiety or strong negative reaction (e.g. tantrum)
- Will **not** accept the change. Persistently attempts to rearrange the items

The scoring is from 0 to 2 or 3. A Total Repetitive Behaviours score can be used.

[See Zandt, F, Prior, M & Kyrios, M (2007) Repetitive behaviour in children with high functioning autism and obsessive compulsive disorder. *Journal of Autism and Developmental Disorders*, 37, 251-259]

An alternative method of scoring is based on a factor analysis carried out by Honey et al. (2012). The items can be divided into two groupings (excluding items 9, 13, 27 and 30). For items with 4 potential scores (i.e. 0-3), scores of 3 and 2 were collapsed into 2 for calculation of Factor Scores. Item 6 appears in both factors.

Sensory/motor behaviours: 1, 2, 3, 4, 5, 6, 7, 8, 10, 11, 12, 28
[12 items, score range 0-24]

Insistence on sameness/circumscribed interests: 6, 14, 15, 16, 17, 18, 19, 20, 21, 22, 23, 24, 25, 26, 29
[15 items, score range 0-30]

[See Honey, E., McConachie, H., Turner, M. & Rodgers, J. (2012) Validation of the repetitive behaviour questionnaire for use with children with autism spectrum disorders. *Research in Autism Spectrum Disorders*, 6, 355-364]