

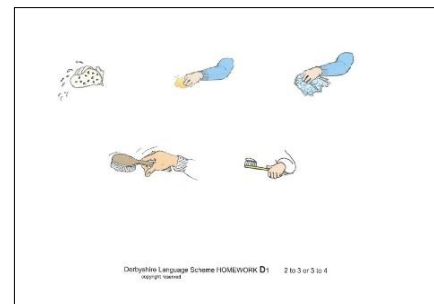
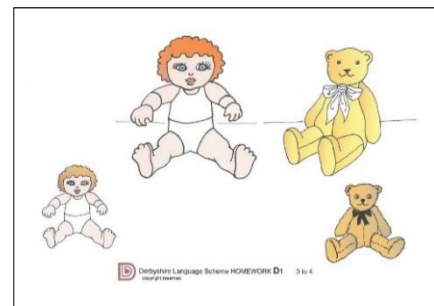
## Ready for Bed 2

We are asking you to practice the games we have played with your child in nursery this week.

In the game, you will give instructions to your child and ask them to try and use sentences. The sentences contain key words which your child will need to understand to follow them correctly. These are underlined in the sentences below. It doesn't matter if your child doesn't get everything right first time. If they make a mistake, just show them the right answer and move on to the next one.

### How to play the game

- Introduce big and little dolly and teddy pictures and explain they need to get ready for bed – your child needs to help them.
- Show your child the pictures (sponge, towel, hairbrush, and toothbrush) and encourage them to name the different items and help them if they find it tricky.
- Tell your child “now it's time to get big and little teddy and dolly ready for bed” then give the instructions below one at a time.
- If your child makes a mistake, just say “good try” and show them the right answer, then move on to the next one.
- Once your child is familiar with the activity, allow your child to be the ‘teacher’ and see if they can give you an instruction.
- After they have had a turn being the teacher, repeat the sentence they were trying to say.



### Instructions

1. Dry big teddy's hand
2. Dry little dolly's face
3. Brush big teddy's teeth
4. Wash big dolly's hair
5. Dry big dolly's hair
6. Wash little teddy's face
7. Brush big dolly's hair
8. Dry little teddy's hand
9. Brush little dolly's hair
10. Wash little dolly's hair
11. Wash big teddy's hand
12. Wash big teddy's face

For a video of how to play this game scan the QR code or go to:

[https://research.ncl.ac.uk/lively/interventions/dls/dls/ready\\_2/](https://research.ncl.ac.uk/lively/interventions/dls/dls/ready_2/)

