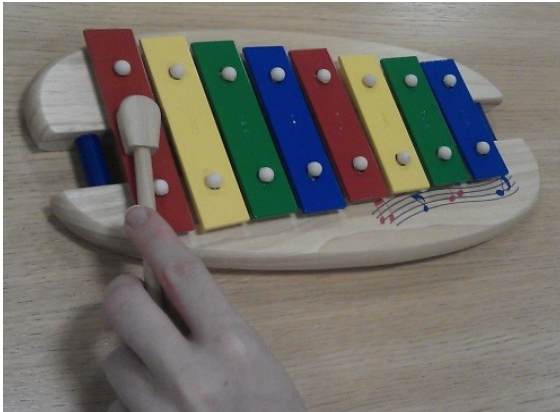


Xylophone



As well as developing two-handed play this game gives the helper hand practice in:

Whole hand grasping

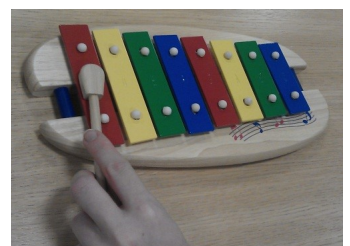
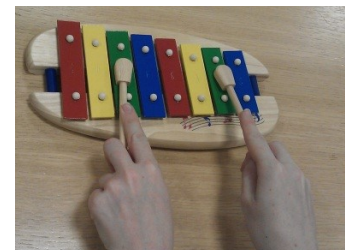
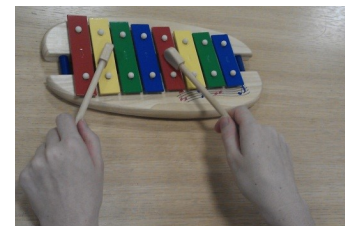
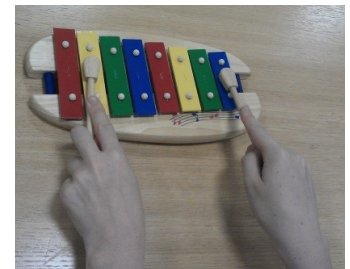
Holding

Reaching

Releasing

Wrist movements

1. Place the xylophone in front of your child and the wooden sticks at an arm's reach, one on each side.
2. Ask your child to reach out and pick up the sticks. Encourage him/her to pick up a stick in his/her helper hand. If he/she struggles ask him/her to pick it up with his/her dominant hand and pass it to his/her helper hand.
3. Each time you play the game, start by encouraging your child to try to pick up the stick in his/her helper hand first. This is something he/she may get better at with time.
4. Ask your child to play a song for you, using his/her left hand to hit the notes on his/her left and his/her right hand to hit the notes on his/her right.
5. Another game you can play with this toy is a pointing game. Ask your child to point to a yellow piece with his/her left hand and a blue piece with his/her right hand. He can use the wooden sticks if he wants.
6. Alternatively, ask him to point to two pieces of the same colour.
7. If your child finds it too difficult to control both sticks at the same time, he/she could use one hand and switch between using his/her right and left hands.



Have Fun!