Fun 'n' Games

Wooden Number Rings

As well as developing two-handed play this game gives the helper hand practice in:

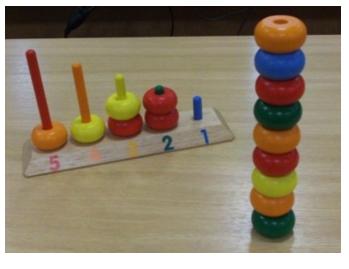


Whole hand grasping Holding Reaching Releasing Wrist and forearm movements Supination

This game can be played in many ways. One way to play this game is to take the coloured rings and mix them up on the stand. Then put them back so that all the same colours are together, as in the picture above.



Ask your child to pick up one of the rings and place it on the table beside him/her. Encourage your child to alternate between using the dominant and helper hands. When he/she has taken all of the rings off, ask your child to put them back on to the stand in whatever order he/she likes.

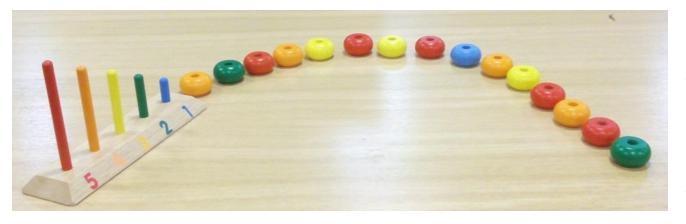


Your child could also make a big tower with the coloured rings – he/she will need to use the helper hand to make sure that the tower is stable and doesn't fall down.

See how big the tower can get!

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To practise reaching, lay out the wooden rings in a semi-circle like in the picture above. Try to space them so they are an arm's reach away from your child. Ask him/her to stretch out his/her arms out to pick up a coloured ring. Your child will need to use each hand to get rings from each side. Your child might even like to try using both hands together, and stretching to each side as far as he/she can!

When he/she has collected all the rings, your child can use them to make a tower or put them back on the stand or play a guessing game.

Guessing game

Ask your child to choose one of the coloured wooden rings and to grasp it in his/her hand. Tell him/her to turn his/her hand so that the palm is facing down so that you cannot see what colour the ring is. Your child might need to use both hands to make sure the ring is well hidden.







Guess what colour the ring is, then ask your child to turn his/her hand over and open his/her palm to show you the ring and see if you are right.

Encourage your child to hide the rings in both hands.

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