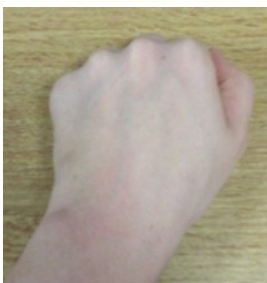


To practise reaching, lay out the wooden rings in a semi-circle like in the picture above. Try to space them so they are an arm's reach away from your child. Ask him/her to stretch out his/her arms out to pick up a coloured ring. Your child will need to use each hand to get rings from each side. Your child might even like to try using both hands together, and stretching to each side as far as he/she can!

When he/she has collected all the rings, your child can use them to make a tower or put them back on the stand or play a guessing game.

Guessing game

Ask your child to choose one of the coloured wooden rings and to grasp it in his/her hand. Tell him/her to turn his/her hand so that the palm is facing down so that you cannot see what colour the ring is. Your child might need to use both hands to make sure the ring is well hidden.



Guess what colour the ring is, then ask your child to turn his/her hand over and open his/her palm to show you the ring and see if you are right.

Encourage your child to hide the rings in both hands.