

Squeezy Ball

This toy is good for:

Whole hand grasping

Holding

Releasing

Strengthening hand muscles.



Ask your child to pick up the squeezy ball in one hand and to squeeze as hard as he/she can – see what happens when he/she does!

He/she should take turns using both hands to play with the ball.



<http://research.ncl.ac.uk/hemiplegiaresearch-fungames>