

Play-Doh

As well as developing two-handed play this game gives the helper hand practice in:

- Thumb/finger grasping
- Whole hand grasping
- Holding
- Reaching
- Releasing
- Wrist movements
- Supination



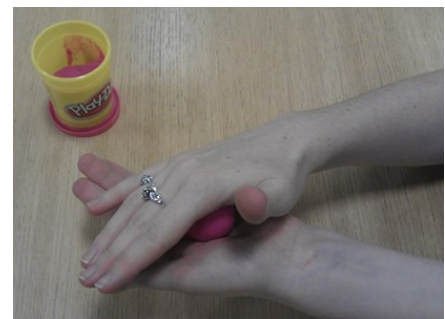
When your child plays this game, encourage him/her to use both hands, even if the helper hand is used just as a support.

If your child gets stuck, explain to him/her what to do and let him/her have another go.

There are many different varieties of Play-Doh with exciting themes, however for the original pots we have provided you with some fun ideas for your child to do:

Ask your child to roll a piece of Play-Doh into a ball between his/her two hands.

Encourage him/her to hold it in the palm of their hand rather than rolling on the table top.



Ask your child to make some Play-Doh peas by rolling small pieces between his/her fingers.



When your child has made a few, ask him/her to squash them between his/her fingers and then roll them back into a big ball.

Ask your child to squash the ball in his/her helper hand by making a fist...then encourage your child to try to squeeze it as hard as possible.....



.....look at the prints that are left in the Play-Doh!



Ask your child to make a sausage out of Play-Doh. He/she could start by rolling a piece between his/her hands.



Try making it longer by rolling it on the table using both hands.

To make sure the sides are nice and smooth, your child could use his/her fingers to shape the piece of Play-Doh:



At the end he/she can squash it between his/her fingers and make a big ball of Play-Doh again!

Have fun!