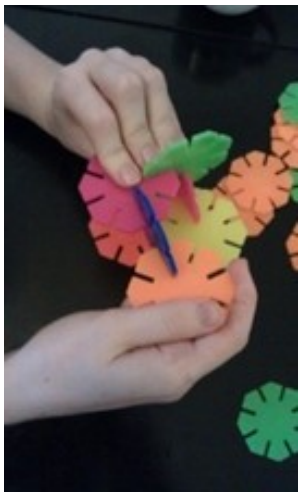
Octons

As well as developing two-handed play this game gives the helper hand practice in:

Thumb/finger grasping
Holding
Reaching
Releasing

The brightly coloured pieces slot together so that you can make all sorts of shapes and structures – your child can be as creative as he/she likes!



Try to make sure that the pieces are placed on your child's helper side and encourage him/her to reach for them with the helper hand.

Put some of them a little further away than others and encourage him/her to stretch as far as he/she can to get them.

If your child finds it too difficult to pick up the pieces in his/her helper hand, he/she can pick up with the dominant hand and pass across to the helper side.

Encourage your child to attempt to pick pieces up directly from the table with his/her helper hand each time you play.

Pulling the pieces apart is a good activity too because it requires different types of grasp.

Have fun!

http://research.ncl.ac.uk/hemiplegiaresearch-fungames

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