

Maracas



As well as developing two-handed play this game gives the helper hand practice in:

- Whole hand grasping
- Holding
- Reaching



<http://research.ncl.ac.uk/hemiplegiaresearch-fungames>

Place the maracas on the table one on each side of your child, about an arm's reach away. Ask him/her to grasp one in each hand. Encourage your child to pick the maracas up directly from the table.



If your child finds it too difficult with his/her helper hand, ask him/her to pick up with the dominant hand and pass to the helper side.

Each time you play with this toy, ask your child to try picking up with his/her helper hand first. He/she may find this easier with time.

When he/she is holding the maracas, ask your child to shake them, he/she could reach out to the sides and up high to see if the sound gets louder or quieter.

Ask your child to see if big movements or little movements make the most noise.



Encourage your child to use both right and left hands when playing with this toy, but if your child finds it too difficult to use both maracas at the same time, ask him/her to use just one but take turns with each hand.

Have fun!