

LEGO®



As well as developing two handed play this game gives the helper hand practice in:

Thumb/finger grasping

Whole hand grasping

Holding

Reaching

Releasing

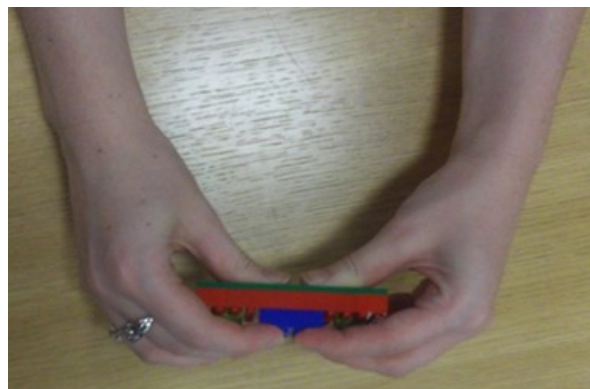
<http://research.ncl.ac.uk/hemiplegiaresearch-fungames>

Ask your child to open the box. Encourage him/her to keep the box steady with one hand as he/she takes the lid off with the other, and then to spread the LEGO pieces on the table.

Try to make sure most of the pieces are on his/her helper hand side to encourage your child to reach out and pick up pieces with his/her helper hand.

Ask your child to make something for you from the LEGO. If he/she is not sure what to do, there are some ideas in the booklet included.

Encourage your child to hold the pieces he/she is using, one in each hand, rather than leaving them on the table.



Taking apart pieces and putting them back on the table and in the box is another good activity to practise important hand use skills.

Have fun!