

Glam Gloves and Wand



As well as developing two-handed play this game gives the helper hand practice in:

Whole hand grasping

Holding

Reaching

Supination

Encourage your child to put on the gloves. It will be easiest to put the glove on to the helper hand before putting the glove on to the other hand. You may need to help a little with this.

Ask your child to stretch out their hands and turn them over (palms up/palms down) to show you both sides of the gloves. See if your child can put the back of his/her hands flat on to the table.

Next, place the wand on your child's helper hand side, an arm's reach away and encourage him/her to stretch to grasp it with the helper hand.

Now ask your child to reach up as high as possible and as far to the helper side as he/she can with the wand. See what happens when when your child presses the little button on the handle.

If your child has some other dressing up clothes or a scarf, he/she might also like to put those on.

Have fun!

<http://research.ncl.ac.uk/hemiplegiaresearch-fungames>