

Fuzzy Felt

As well as developing two-handed play this game gives the helper hand practice in:

Thumb/finger grasping

Holding

Reaching

Releasing



There are lots of different sets available e.g. Farm Animals, Sea Creatures, Disney etc

Ask your child to choose a base for his/her fuzzy felt farm scene and then take the felt pieces out of the box and place them on the table.

Make sure some of them are placed at a comfortable arm's reach and on the helper hand side.

Ask your child to reach to pick up the felt pieces with whichever hand is closest, so that he/she uses both hands. To make the scene your child will need to hold the base steady while he/she places the felt piece where he/she wants it to go.



Encourage your child to reach for and pick up things with his/her helper hand during this game, and to put things directly from his/her hand on to the table, rather than taking them out of the helper hand with the dominant hand.

Enjoy the lovely fuzzy felt scenes!

<http://research.ncl.ac.uk/hemiplegiaresearch-fungames>