

Feather Boa



As well as developing two-handed play this game gives the helper hand practice in:

Large arm movements

Thumb/finger grasping

Whole hand grasping

Holding

Reaching

Ask your child to hold the feather boa by the silver ring in one hand and grasp it in the other hand.

Encourage your child to reach up high to pull the feathers through his/her hand... See what happens if he/she grips too tight.

Encourage your child to switch which hand he/she uses to hold the silver ring and grasp the feathers.

Ask your child to hold the silver ring and make large circles with his/her arms, swapping which hand he/she uses to hold the ring. See how high your child can reach up to the sky and out to the sides. Your child could also hold one end of the feather boa in each hand and make wave movements by moving one hand up and one hand down.

He/she might like to make up some sequences of movements or dances using the feather boa as a prop, or just dress up in it!

Have fun!

<http://research.ncl.ac.uk/hemiplegiaresearch-fungames>