

Cotton Reels



early learning centre



As well as developing two-handed play this game gives the helper hand practice in:

Thumb/finger grasping

Whole hand grasping

Holding

Reaching

Releasing

Wrist and forearm movements

<http://research.ncl.ac.uk/hemiplegiaresearch-fungames>

The first time your child plays with this game you will need to tie a knot in the end of the string that he/she is using to thread the reels.

Encourage your child to hold the string in one hand and to pick up the reels in the other in whichever way feels easiest and most natural.



Spread the coloured reels on the table so that some of them require a stretch to reach them.



Ask your child to use whichever hand is closest to pick up the reel.

He/she can then switch hands to see which way is easiest.

Once complete you will need to help your child to tie a knot in the end of the string. If a necklace is made, ask your child to put it on over his/her head or to put it over your head to encourage reaching up with both hands.

Enjoy making some lovely creations together!

Please turn the page for more ideas...

Seashore Threading Fun and **Play Buttons** can be played with in a similar way to **Cotton Reels**.

Cotton Reels are likely to be easier than **Seashore Threading Fun**, and **Play Buttons** will be even more of a challenge as they are a little harder to hold.

