





Encourage your child to hold the mixer bowl steady while grasping the mixer in the other hand.

Your child will need to use one hand to press the buttons on the side of the mixer and the other hand to pull up the mixer...



...so that the mixer fittings can be changed. To do this, he/she will need to hold the mixer in one hand and hold the fittings in the other hand.



Putting something in one bowl and emptying it into another bowl is a good way to encourage wrist movements and grasping. Try this with the spoon too.

