

Bonus Word Search!

Why not have a go at the word search too, and see how many words you can find? Some of the words are backwards, so look carefully!

Activity	Friendship	Growing	School
Angel	Fruit	Happy	Science
Babies	Fun	Healthy	Sport
Bridge	Future	Millennium	Study
Children	Games	Northeast	Tyne
Community	Gateshead	Play	Vegetables
Food			

T	S	A	E	H	T	R	O	N	P	V	H	E	C
N	U	F	K	S	T	U	D	Y	L	E	E	R	G
A	Y	P	P	A	H	S	M	T	A	G	A	U	Z
P	N	T	J	M	C	F	M	I	Y	E	L	T	G
P	M	G	I	I	A	Z	K	V	G	T	T	U	Y
F	R	I	E	N	D	S	H	I	P	A	H	F	G
W	G	N	L	L	U	G	B	T	X	B	Y	A	I
F	C	R	T	L	A	M	Y	C	K	L	T	B	E
E	O	R	O	M	E	N	M	A	V	E	H	G	F
D	I	O	E	W	E	N	K	O	S	S	D	T	R
E	Y	S	D	W	I	D	N	H	C	I	G	R	U
L	O	O	H	C	S	N	E	I	R	L	X	O	I
B	A	B	I	E	S	A	G	B	U	K	N	P	T
X	C	H	I	L	D	R	E	N	B	M	V	S	B

Answers to questions

- 590
- Football
- 171
- 141 children preferred TV and electronic games, 168 children preferred active games and 191 of you like both the same!
- Angel of the North

(How many did you get right?)



Welcome to the first Gateshead Millennium Study newsletter!

We'd like to tell you about some of the interesting things you've helped us to discover over the last few years and have a little quiz along the way!

We have visited lots of the Millennium children since 2006, some of you may remember seeing us once or twice. We're really interested to learn about how you grow, what you eat and the sorts of activities you enjoy doing, which is why we ask you lots of questions and take lots of measurements!

My! How you've grown!

So, here's the first question for you →



When you were about 7½ years old, the GMS children were on average 125cm tall. We measured you 2 years later and found you've grown an average of 10cm. Soon you'll be taller than us! You've got heavier too, which makes sense, doesn't it? About 6kg heavier in the same amount of time. You've probably

noticed among your friends that you're all growing at different times and we see this in GMS children too. The tallest child we measured was 40cm taller than the shortest, 156 cm and 116cm. Your weights varied a lot too - from 19kg to 71kg.

Question 1

How many children do you think Laura and Jess measured between October 2008 and September 2009? Answers are on the back page – but no peeking yet and keep a note of your score – you get 1 point for each correct answer!

Super sport selection



Do you remember us asking about the different sports clubs you went to? Well, we asked 581 of you if you went to a school sports club. 372 children told us they don't go to any school sports clubs.



Across all the schools in Gateshead, 19 different sports clubs were attended by GMS children. Is there one that you'd like to try? Why not ask your teacher?



So 209 children went to a school sports club, which means that Question 2 is coming up... →

Question 2

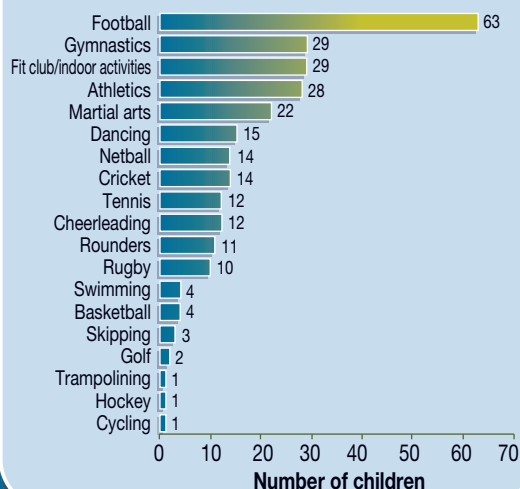
Which do you think was the most popular school sports club? (There's a clue just below!)

The next question is a bit more tricky →

Question 3

How many children go to the 5 most popular school sports clubs? (Hint: they are football, gymnastics, fit club, athletics and martial arts).

School Sports Clubs



We found that more of you go to a sports club outside of school, in fact 342 of you. There were 21 different kinds of sports clubs, some were the same as those in the school sports list, but some, like rock climbing and horse-riding, are a bit tricky to do at school!

Some of you go to lots of different clubs, inside school, and at the weekend. And not just sports and games either, lots of you enjoy acting, writing, music and book clubs too. It's great to try new clubs, you might find one that you absolutely love! Whichever club you go to, and wherever you do it, we hope you enjoy it and have lots of fun!

You'll get square eyes if you sit there any longer!

Now, we know that lots of you enjoy playing active games, but you also like watching TV and playing computer games (and would definitely be able to beat us!). According to your Mums, 75% of you have a TV in your bedroom. That means for every 100 GMS children, 75 have a TV in their room. There are an average of 3 TV sets in each GMS house, but some have none and the most was 6!

570 of you play on electronic games regularly and you were more likely to play electronic games with your Dad than your Mum. You also told us that Dads spend more time playing computer games on their own than Mums do.



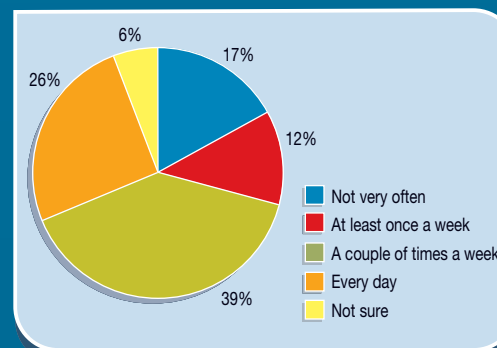
292 of you told us that your Mum and Dad think that videos and electronic games are too expensive to buy. On the other hand, more of you told us that your parents don't think that sports clothes and equipment are too expensive to buy. Does this mean you save up your pocket money for computer games and not sports equipment?

We asked you which you preferred: TV and electronic games or active games?

So...can you guess what the next question is? →

We think that's a difficult one!

The next picture is a pie chart showing how often you told us you play on your electronic games.



So most of you play on your games a couple of times a week. Is this still true?!

We asked you "how much TV does your Mum watch?". 416 of you said either "none", "a little bit" or "some", whilst 101 said "a lot". We asked the same question about your Dad, and it looks like Dads watch more TV than Mums, as 188 of you said they watch a lot!

And finally we're going to test your spelling skills a little, as the last question is an anagram →

Hmmm...what could it be?

We really enjoy getting to meet you all, and we've loved seeing some of the pictures that you've sent as competition entries. Thanks so much for all your effort. The winners of the logo competition are Avrohom Miller and Emma Louise Drewett. You'll be seeing the new logo soon!

We hope you enjoy being part of the Gateshead Millennium Study and will want to be involved as you go to senior school. Things will be very different for you then and we'd be very happy to think you would still let us keep up with how fast you're growing and what you think of your new school, and to share some of your experiences with us. It's really important for us to learn about what you think, as this will help other children stay happy and healthy in the future.

Question 4

Did more of you prefer TV and electronic games or active games?

Question 5

Unscramble these words to spell out a famous Gateshead landmark:

Hornet elf hog tan