

The Neural Basis of Addiction in Honeybees (*Apis mellifera*)

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Introduction

Drug addiction is a chronic disease that alters the brain and changes the individual's behaviour. It causes 12% of deaths worldwide [1] and contributes an annual cost of £15.5 billion in the UK alone [2].

Mammalian models such as rodents have previously been used in an attempt to mirror human addiction, and have aided in understanding the basis of the neural pathways involved, however, the pathways and process of addiction remains incomplete. In recent years attention has turned to the possibility of using insects as models to study addiction, due to their considerably simpler nervous system [3,4]; and the fact that dopamine, the primary neurotransmitter involved in reward processing, is conserved across phyla.

Bees display a rich array of behaviours, given that addiction is clinically diagnosed by the identification of aberrant behaviour, indicates that bees may be a suitable insect with which to study the components of addiction.

Aim

To identify if honeybees display a preference for nicotine in sucrose, over sucrose alone; self-administration of drugs in the face of an alternative of equal value supports the reinforcing properties of the drug on the insect.

Methods

- 20 honeybees were placed in plastic cages (Figure 1), and were housed within an incubator that mimics the hives temperature and humidity.



Figure 1. Cages used in the feeding assays showing cohorts of 20 bees, and a single bee feeding from a feeding tube.

- Feeding tubes were filled with either 1 M sucrose alone (control), or 1 M sucrose containing either 25 or 100 μ M nicotine.
- The bees were given one of 3 feeding schedules:
 - 72 h of continuous nicotine
 - Brief intermittent: 48 h continuous nicotine, followed by 24 h continuous sucrose
 - Continuous intermittent: 12 h continuous nicotine, followed by 12 h continuous sucrose for a total period of 72 h
 Immediately following the feeding schedule, bees were offered a two-way choice between either 1 M sucrose alone, or 1 M sucrose containing the concentration of nicotine the bees had previously been administered. Control bees received sucrose throughout.
- In order to assess total consumption of either solution, tubes were weighed before and after the two-way choice. Evaporation was controlled for by subtracting the values from feeding tubes that were housed in empty cages.

Results

Bees display no preference for 25 or 100 μ M nicotine in a 24 h two-way choice, following 72 h continuous access to the drug (figure 2). Following the brief intermittent feeding schedule, bees displayed a significant preference for 25, but not 100 μ M nicotine (Figure 3). Whereas, following the continuous intermittent schedule, bees displayed a preference for both 25 and 100 μ M nicotine (Figure 4).

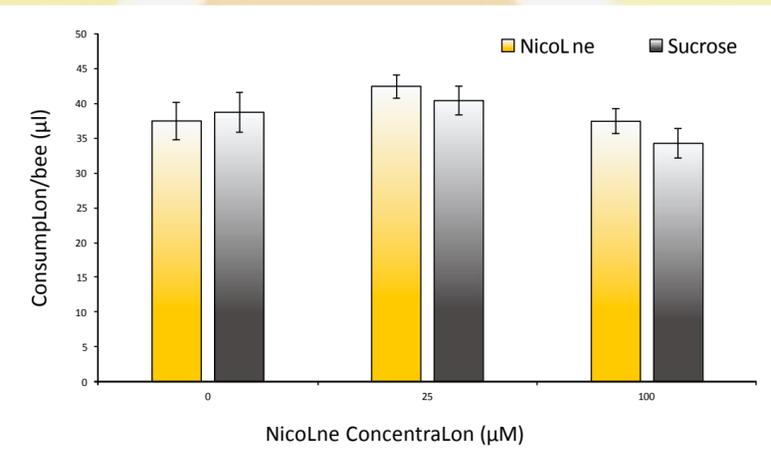


Figure 2. Bees display no preference for 25 or 100 μ M nicotine following 3 days continuous consumption. GLM with solution type and treatment set as main effects, $p = 0.602$. $n = 0$ (0 μ M), 25 μ M (35), 100 μ M (35).

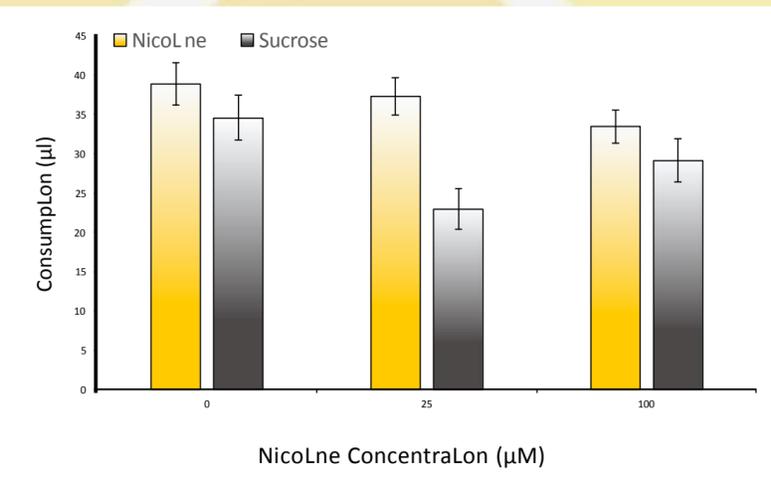


Figure 3. Bees display a significant preference for 25, but not 100 μ M nicotine following 48 h access to nicotine followed by 24 h abstinence. GLM with solution type and treatment set as main effects, $p = 0.003$, $\chi^2 = 0.75$, $F_{2,114} = 9.043$. Post hoc LSD: 25 μ M ($p = 0.004$). $n = 20$.

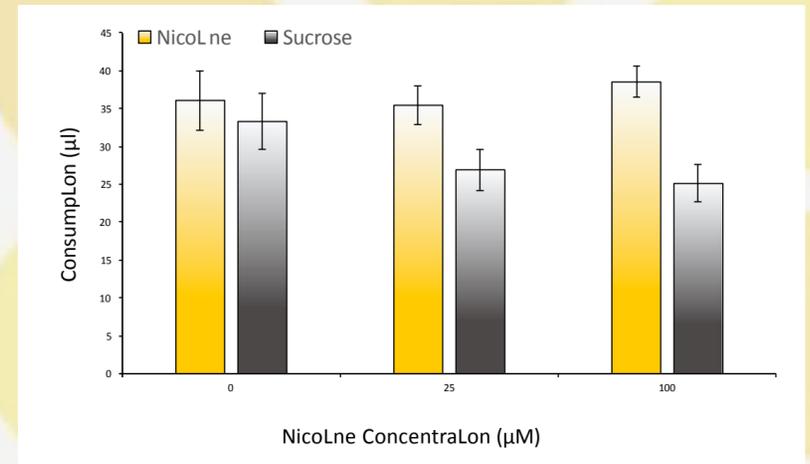


Figure 4. Bees display a significant preference for 25 and 100 μ M nicotine following a 12 h intermittent access/abstinence schedule of feeding. GLM with solution type and treatment set as main effects, $p < 0.001$, $\chi^2 = 0.94$, $F_{2,108} = 11.465$. Post hoc LSD: 25 μ M ($p = 0.047$), 100 μ M ($p = 0.016$). $n = 20$.

Discussion

The fact that intermittent access is sufficient to generate a preference for nicotine in bees, suggests that nicotine is having a reinforcing effect on these insects. Furthermore, the clear indication that intermittent, but not continuous access, is required in order to generate a preference for nicotine, suggests that similar to mammalian models of addiction, honeybees require periods of drug abstinence in order to develop a preference for the drug. It is hypothesised that this intermittent drug access more closely mirrors that of human nicotine addiction, whereby smokers do not continuously receive nicotine, but rather have brief periods of smoking, followed by extended (typically 1 to 3 hours) periods of abstinence from the drug. These intermittent schedules are believed to follow the 'cycle of addiction', whereby both positive (pleasurable), and negative reinforcement (unpleasant, i.e. withdrawal) periods are both required in order to generate an addictive state (Figure 5).

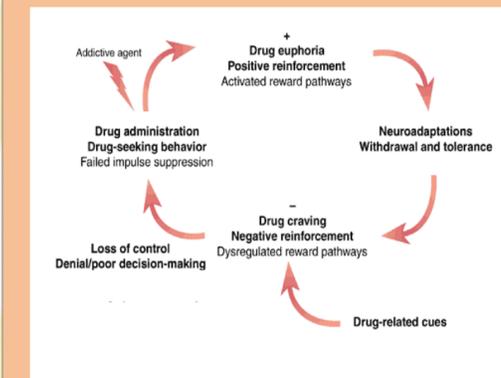


Figure 5. The cycle of addiction. Positive reinforcement i.e. the 'high' of nicotine, instils the repeated seeking of the drug in the initial stages. Following repeated use of the drug, neuroadaptations occur, making the user sensitive to symptoms of withdrawal. These symptoms then lead to a period of negative reinforcement, in an attempt to avoid the aversive symptoms encountered during drug abstinence.

In conclusion, this study shows that bees display a preference for the drug, however future studies are required to fully identify the full range of behavioural and physiological traits present in addiction.

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