



# Can brushing reduce stress and fearfulness in dairy calves?

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## Introduction

- The period after a dairy calf has been weaned from its mother is recognised to be highly stressful (Phillips, 2002)
- Heart rate variability (HRV), measured here using a Polar® heart monitor, has the potential to quantify farm animal stress and welfare (von Borell, et al., 2007)
- Brushing dairy heifers had been shown to reduce their fearfulness of humans (Bertenshaw et al., 2008)
- A recognised method to measure fearfulness in cattle is the approach score (Welfare Quality®, 2009)

## Aims

- Determine if brushing has a stress reducing effect on dairy calves
- Can brushing make dairy calves less fearful of humans?
- Will a static brush make calves less stressed?

## Objective

If brushing is shown to reduce stress and fearfulness this project could inform dairy farmers on how to improve calf welfare

## Materials and Methods

- Four pens of 4 Friesian dairy calves of mixed sex and age range 1-10 w. o.
- In two pens (established) the calves had little previous close human contact, other pens (new) were set up following 2 weeks of close human contact (having Polars applied daily)
- In each pen 2 calves were either brushed or not brushed for 5 to 6 days
- Calf fearfulness was assessed each day using the approach score (Fig. 1)
- Then calves were brushed over their shoulder and neck region for two minutes
- After brushing, Polar® heart monitors were applied to measure resting heart rate variability (HRV)
- When the brushing experiment had finished 2 pens were provided with static brushes to allow calves to brush themselves (Fig. 3)

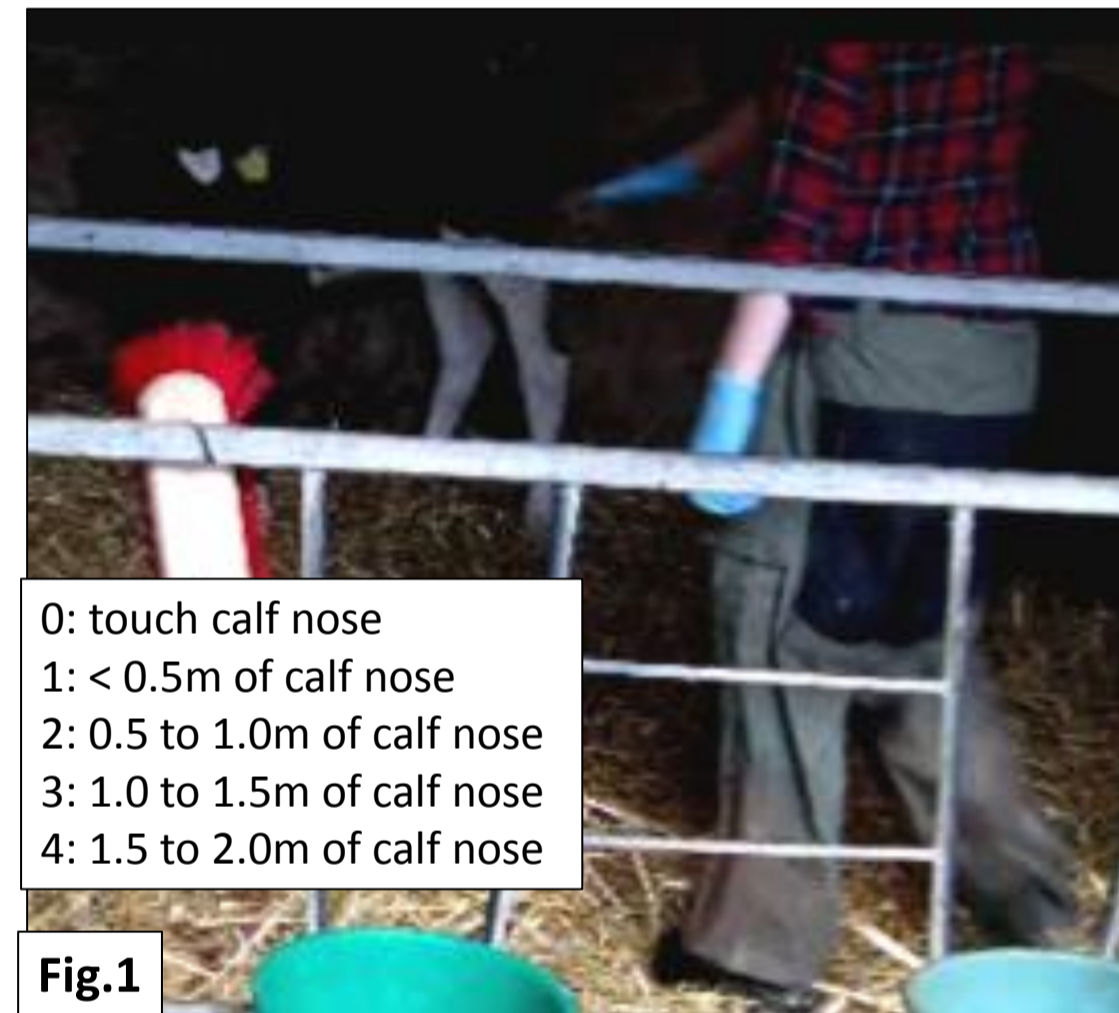


Fig. 1

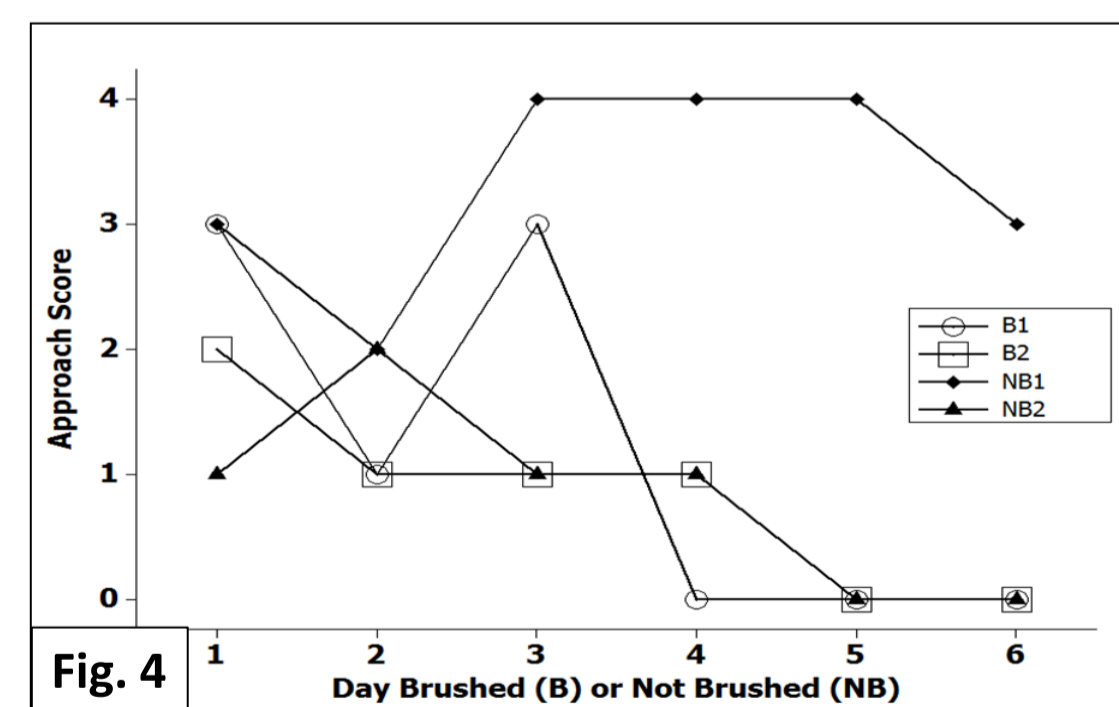


Fig. 4



Fig. 2

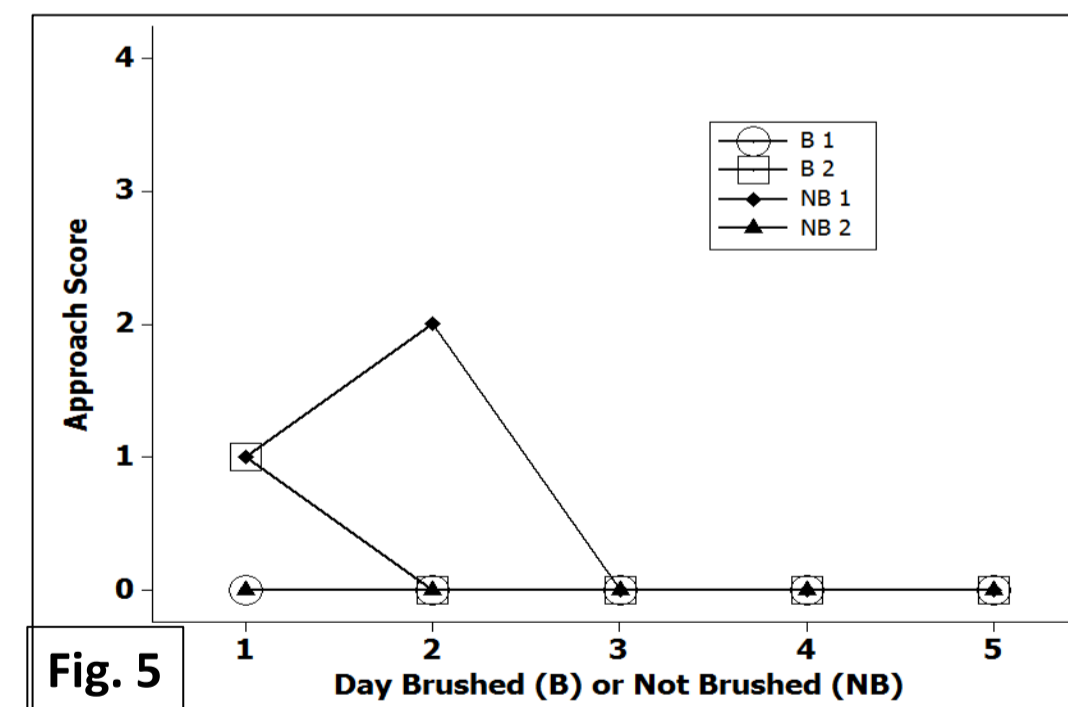


Fig. 5



Fig. 3

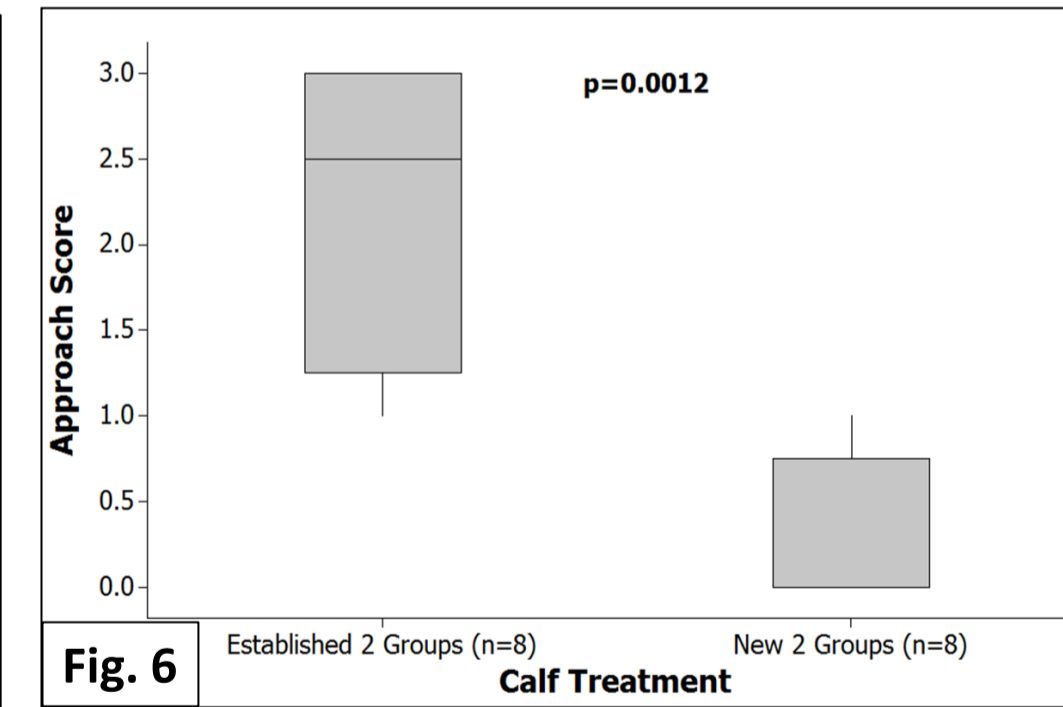


Fig. 6

## Results

- No significant difference in HRV or approach score between calves brushed or not brushed
- Calves attempted to brush themselves if the brush was held still (Fig. 2)
- Approach score (AS) generally declined with more days brushed
- Established pens (e.g. Fig. 4) took longer to reduce their AS than the new pens (e.g. Fig. 5)
- Initial AS (day 1) was significantly higher in the 2 established pens (less human contact) than the 2 new pens (more human contact)  $W= 98.0, p= 0.0012$  (Fig. 6)
- No significant difference in HRV between groups from having a static brush in the pen
- The static brush was regularly used by calves (Fig. 3)

## Conclusions

- The small sample size and confounding factors of age and previous human contact contributed to HRV and AS data being difficult to interpret
- Calves preferred to be brushed under their chin, around their ears and on the top of their heads (Fig. 2)
- Previous close human contact resulted in dairy calves being significantly more approachable (Fig. 6)
- Placing a static brush head in the calf pen was shown to be attractive to them and they were frequently observed using it (Fig. 3)

## References

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