

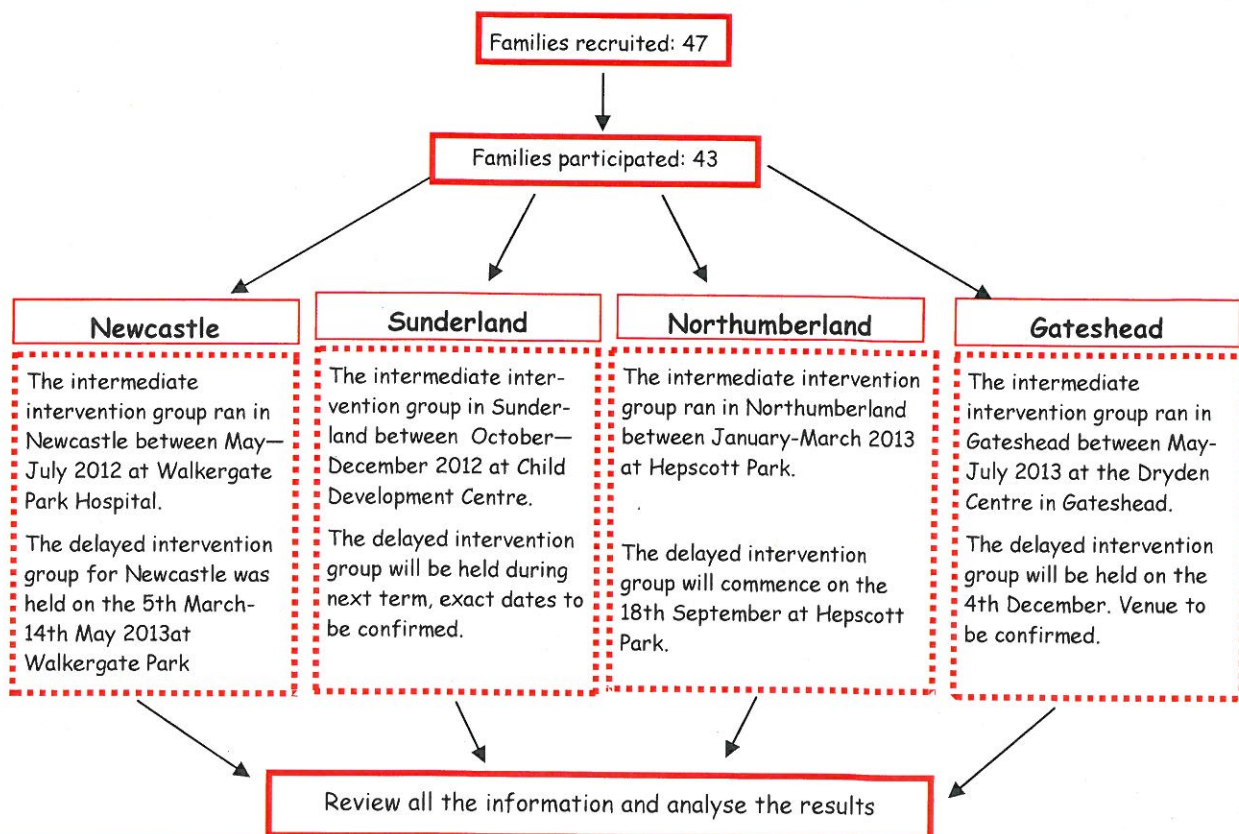
September 2013 Newsletter



A Big Thank You

To everyone who took part in the Managing Repetitive Behaviours research project. The Managing Repetitive Behaviours (MRB) research study would not have been possible without the enthusiasm and support of all the parents/carers, teachers and children who have taken part in this project. A big thank you also to the local child health and CAMHS professionals who have helped us with recruitment.

Progress so far?



Once the analysis of the results is complete, we will write up the findings as a final study report and this will be shared to everyone who has taken part. Finally, to make the success of the study we hope to have a thank you celebration event in early 2014 to present our findings. We are also presenting our findings at the European Academy of Childhood Disability Annual Conference (EACD) and we plan to present at other conferences and aim to publish our findings in scientific journals.

What parents have said about the MRB intervention group?

"I love putting into practice the strategies I have learnt and seeing the results. It is amazing when they work, I get a sense of satisfaction"

"I'm getting less stressed and more confident!"

"I needed help with sensory repetitive behaviours. It was useful to think outside the box. It was also good to think about my own behaviour and my reaction to certain things and the effect that is having on his behaviour."

"Feels RB would not have changed without this course, we would just have kept thinking it was his routine."

"I felt so relaxed and thought much more about him and his needs than I had before"

We want to hear your feedback:

We are keen to organise opportunities for you to share your experiences of being involved in the research process. **Parent/Carer feedback meetings** will be arranged in the next couple of months so that we can learn from as many parents as possible about their experiences of taking part in the study.

We will also arrange **Education Staff feedback meetings** to give education staff who were involved in the research project the opportunity to share their experiences.

These meetings will be organised and run independently. The groups will be run by **Deborah Garland** and **Fiona Gaultier** who are the parent advisors to the study. We will contact you with more details once dates for these groups have been arranged.

We hope that you have enjoyed participating in our research and thank you again for your ongoing support.

Contact Details

Dr Victoria Grahame & Professor Ann LeCouteur
Complex Neurodevelopmental Disorder Service
Northumberland Tyne and Wear Foundation Trust
Walkergate Park
Benfield Road
Newcastle Upon Tyne
NE6 4QD

Email: Victoria.Grahame@ntw.nhs.uk Telephone: 0191 287 5260

