



# STICH II NEWSLETTER

Surgical Trial in Lobar Intracerebral Haemorrhage

Spring 2007

Issue 2

## STICH II OBJECTIVES

To establish whether a policy of earlier surgical evacuation of haematomas in selected patients with spontaneous LOBAR ICH will improve outcome compared to a policy of initial conservative treatment. The trial will also help to define the indications for early surgery.

### Registered Centres and recruited patients

#### UK:

Cambridge  
Haywards Heath  
Newcastle (4)

#### Non-UK:

Bialystok  
Brno  
Kaunas  
Münster (1)  
Novosibirsk (1)  
Prague  
Riga  
Santander

### Centres Registered Interest

#### UK:

Dundee  
London (Atkinson Morley's)  
London (Charing Cross)  
Oxford  
Southampton

#### EUROPE:

Athens  
Bilbao  
Dresden  
Frankfurt  
Granada  
Graz  
Griefswald  
Homburg  
Istanbul  
Kassel  
Leuven  
Lubeck  
Lublin  
Moscow  
Riga "Gazilezers"  
Skopje  
St. Gallen  
Turin  
Uzhgorod  
Vienna  
Vilnius  
Warsaw

#### OUTSIDE EUROPE:

Allentown, PA  
Assam  
Bloomington, IL  
Chandigarh  
Des Moines, IA  
Gurgaon  
Hershey, PA  
Lahore  
Manitoba  
Medford, OR  
Melbourne  
Milwaukee, WI  
New Delhi  
Philadelphia, PA  
Rio de Janeiro  
Riyadh  
Shatin  
Singapore  
Tamilnadu  
Trivandrum  
Visakhapatnam

## WE NEED YOUR HELP

The projected target for recruitment is 600 patients by the year 2009. We need more centres to achieve this goal. Please consider joining the trial. Contact the STICH II office today.

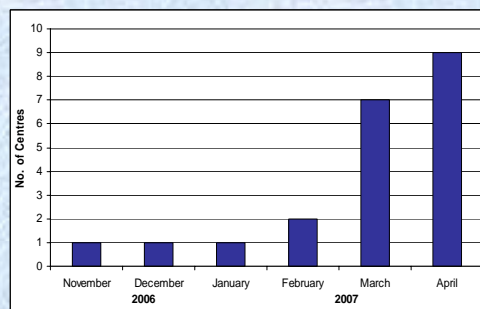
Email: [stich@ncl.ac.uk](mailto:stich@ncl.ac.uk)

## STICH II INVESTIGATORS MEETING:

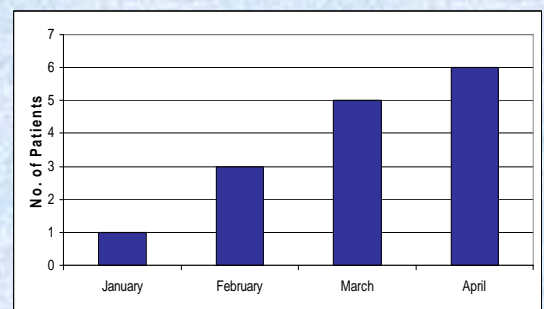
**SUNDAY 2<sup>ND</sup> SEPTEMBER**  
(During EANS Conference in Glasgow)  
12.30pm – 5.00pm  
Lunch will be provided

## RECRUITMENT SO FAR

Recruitment of Centres



Recruitment of Patients



STICH II is an international multicentre randomised parallel group trial in patients following spontaneous superficial intracerebral haemorrhage affecting the lobar region only. It compares early craniotomy to evacuate the haematoma with initial conservative treatment.

Up to date trial information is always available on our website:

[www.ncl.ac.uk/stich](http://www.ncl.ac.uk/stich)

### TO RANDOMISE:

Just phone the randomisation centre in Aberdeen (open 24 hrs):  
**International: +441224 551 261**  
**UK: 01224 551 261**

### INCLUSION CRITERIA:

- Spontaneous lobar ICH on CT scan (1cm or less from cortex surface of the brain) within 48 hours of ictus
- Best MOTOR score on GCS of 5 or 6 and best EYE score on the GCS of 2 or more.
- Volume of haematoma between 10 and 100ml [using Broderick Method  $(axbxc)/2$ ]

### EXCLUSION CRITERIA:

- Aneurysm, tumour, trauma, angiographically proven AVM.
- Intraventricular haemorrhage
- Hydrocephalus
- Brain stem/ cerebellar/ basal ganglia/ thalamic haemorrhage
- Pre-existing physical or mental disability or severe co-morbidity
- If surgery cannot be performed within 12 hrs
- Unreversed clotting or coagulation problems

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