Fun 'n' Games Fun 'n' Games Fun 'n' Games Fun 'n' Games Fun 'n' Games Fun 'n' Games

Bendaroos

As well as developing two-handed play this game gives the helper hand practice in:

Thumb/finger grasping

Whole hand grasping

Holding

Reaching

Releasing

http://research.ncl.ac.uk/hemiplegiaresearch-fungames

This is all about creativity. Your child can use the waxy sticks to make whatever he/she would like. Try to place the pieces on your child's helper hand side at the start to encourage him/her to pick them up with that hand.

Your child will need to use both hands together to bend and twist the sticks but there are no other rules!

Use the ideas booklet if you need some inspiration to get started.

Have fun!

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